

Showing That We Care

Grade Level	Sixth
Minimum Time Required	45 Minutes
Materials/Resources	"How Would You Feel?" Worksheet
Subject Area(s)	Guidance

Project Description:

1. In this lesson, the student will tell persons that he/she understands how others feel, and in some way show that he/she understands their feeling in an acceptable manner.
2. Discuss with the class the need for understanding how another person feels. Ask, "Why do we need to understand other people's feelings?" (Sample responses: to show we care; to show understanding; to make them feel better, etc.) "What might happen if we didn't show people that we understand how they feel?" (Sample responses: You don't care about them; no concern for others.)
3. List on the board the following skill components.
 - a) Think about a person's actions, sayings, expressions.
 - b) Decide what feeling a person is showing.
 - c) Ask the person how she/he feels.
 - d) Do or say something to let the person know you understand.
4. Model for the students the correct behaviors in the following situation: A student in his/her class has just received a low grade on a test, and says, "I thought I passed that test. Now I see that my grade is going down."
5. Choose two students to role-play each situation. Place the following situations on index cards:
 - ? A student was teased about the way she came dressed to school.
 - ? A student came in last in the school's play day race.
 - ? A student spilled his lunch in the cafeteria.
6. After each role-play, reinforce correct behavior, identify inappropriate behaviors, and reenact the role play with corrections. If there are no corrections, the role play is complete. Discuss and review the results of role-plays.
7. Distribute copies of the following activity sheet, "How Would You Feel?" for students to complete in class. Discuss their responses.
8. Have students write about a feeling they might have shown at home or some member of their family might have shown, and how understanding was shown to them or by them for another person.
9. Continue pointing out the need for students to demonstrate their concern for others as related situations arise.

Career Development Standard	Skills to interact positively with others.
Career Development Indicator	Demonstrate respect for the feelings and beliefs of others.
Delivery Level	Introductory
Academic Standards	
Language Arts	2.4.a Write to clarify what is known about various topics. 2.4.b Write to synthesize, interpret, and use new information.
Employability/SCANS Skills	Basic Skills, Thinking Skills Personal Qualities
Assessment/Rubric	Students will be evaluated on class discussion and completed worksheets.

Submitted by: Ready to Use Social Skills Lessons and Activities for Grades 4-6
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The Society for Prevention of Violence with The Center for
Applied Research in Education

Name _____ Date _____

How Would You Feel?

Directions: For each situation below, tell how you might feel and how you would want to be treated.

1. You are the new student at school. _____

2. When you went to the store, an older boy stole your money. _____

3. On the way to school, you lost your lunch money. _____

4. In gym, you were the last one to be chosen for a team. _____

5. Your team lost the kickball game. _____

6. You received the lowest grade on the spelling test. _____

7. You had to take a note home about your behavior at school. _____

8. You read a report in front of the class for the first time. _____

9. Your younger brother or sister goes everywhere with your parents. _____

10. You have a math problem that you can't figure out. _____

Find These Feeling Words

sad happy
proud upset
angry anxious
confused alone

A B Z H A P P Y A
C O N F U S E D N
B O N K P Z I E X
U W Z L R M O A I
P B I I O E F L O
S A D E U N S O U
E G H I D K L N S
T A N G R Y O E W